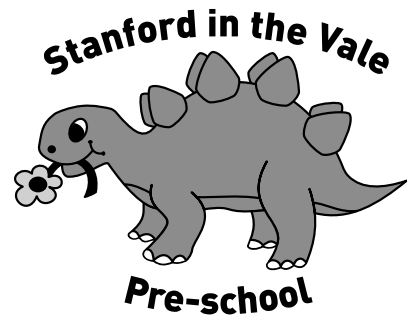


Recreation Ground
Huntersfield
Stanford in the Vale
Faringdon
Oxfordshire, SN7 8LR



1.3.6 - Personal Care Policy

September 2016

Statement of Intent

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Nappy changing is ideally carried out by the child's key person.
- Personal care will only be carried out by a member of staff or volunteer who has a valid DBS.
- Changing areas are warm and there are safe areas to lay young children whilst they are being changed.
- Each young child has their own bag to hand with their nappies or 'pull ups' and wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared.. The changing mat is cleaned after each use with antibacterial spray.
- Gloves and aprons are placed in the purple bin in the disabled toilet after use.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies or toileting.
- Staff wash hands whenever accompanying children to the toilet, demonstrating good hygiene practices.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and a dryer or paper towels to hand.
- We do not use anti-bacterial hand wash liquid or soap, as it is not recommended for use by young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.

- Staff are gentle when changing; they do not make adverse comments whilst changing nappies or soiled and wet clothing.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Clean soiled/wet clothing and nappies are returned to parents in a bag. Parents understand that they are required to take home soiled/wet clothing and used nappies.
- Staff inform a colleague when leaving the room to change a child.
- There is no requirement that 2 members of staff should be present when changing a young child. This would contravene a child's right to privacy and dignity.
- Parents are asked for information about their child's progress in the area of personal care and staff will support parental wishes in this area where appropriate.
- It is not appropriate to call a parent to come and change their child's nappy unless the parent expressly requests this.
- If a parent uses reusable nappies their wishes will be accommodated to ensure continuity for the child and for sound environmental reasons.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- All staff are made aware of the procedures to be followed when changing a child's nappy, and a risk assessment is reviewed regularly.

This policy was amended at a meeting of the Pre-school held on 15th September 2016 and signed by Mrs Karin Williams-Cuss.

Signed on behalf of the Pre-school