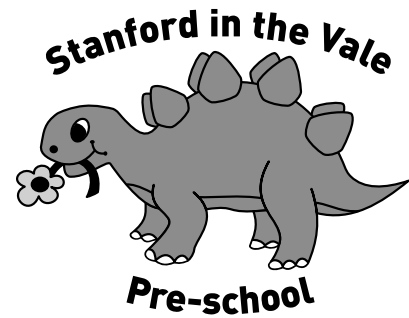


Recreation Ground
Huntersfield
Stanford in the Vale
Faringdon
Oxfordshire, SN7 8LX



1.3.6 - Personal Care Policy

October 2019

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent.

Children will be consulted about their personal care needs,

Children will have their individual needs respected and met by people they know and trust.

Children will be positively supported in developing their self-care skills as appropriate to their age/ developmental stage.

Children will have their indications of needing a nappy change acknowledged and responded to as quickly as possible.

We will work with parents in supporting their children with toilet training and understand the importance of consistency of expectation and approach across home and setting. Parents will be kept well informed of their child's progress during their time in setting.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

We work closely with parents to

Procedures

- Nappy changing is ideally carried out by the child's key person.
- Personal care will only be carried out by a member of staff or volunteer who has a valid DBS.
- Changing areas are warm and there are safe areas to lay young children whilst they are being changed.
- Each young child has their own bag to hand with their nappies or 'pull ups' and wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. The changing mat is cleaned after each use with Clinell Antibacterial wipes.
- Gloves and aprons are placed in the purple bin in the disabled toilet after use.
- All staff are fully inducted in our Personal care Policy and procedure for changing nappies, clothes and toileting.
- Staff wash hands whenever accompanying children to the toilet, demonstrating good hygiene practices.

- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and a dryer or paper towels to hand.
- We do not use anti-bacterial hand wash liquid or soap, as it is not recommended for use by young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Staff are gentle when changing; they do not make adverse comments whilst changing nappies or soiled and wet clothing.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Clean soiled/wet clothing and nappies are returned to parents in a bag. Parents understand that they are required to take home soiled/wet clothing and used nappies.
- Staff inform a colleague when leaving the room to change a child.
- There is no requirement that 2 members of staff should be present when changing a young child. This would contravene a child's right to privacy and dignity.
- Parents are asked for information about their child's progress in the area of personal care and staff will support parental wishes in this area where appropriate.
- It is not appropriate to call a parent to come and change their child's nappy unless the parent expressly requests this.
- If a parent uses reusable nappies their wishes will be accommodated to ensure continuity for the child and for sound environmental reasons.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- Good dental hygiene is promoted through information disseminated through newsletters, posters on Parent notice board and our dietary policy where children are encouraged to limit sugary items in lunch boxes and our policy of 'water only' in children's free access water bottles. Every opportunity is used with the children to promote good hygiene practice and good dietary choices and the reasons for this.
- When children are unwell during their time with us staff will consult and follow our Illness and Infection policy.

This policy was amended at a meeting of the Pre-school held on 15th October 2019 and signed by Mrs. Joanne Martin

Signed on behalf of the Pre-school

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